NATIONAL ACADEMY OF KINESIOLOGY
Nomination for New Fellows—2011
Cover Page

**NOMINEE INFORMATION:**

Name: Jan Todd  
Address: Dept. Kinesiology & H.Ed.; The U. of Texas - Austin  
Home phone: 512.494.5000  
Work phone: 512-471-0993  
City: Austin  
State: Texas  
Zip: 78712  
Email: j.todd@austin.utexas.edu

**Education**  
<table>
<thead>
<tr>
<th>Undergraduate</th>
<th>Institution</th>
<th>Degree</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Mercer University, Macon, GA</td>
<td>B.A.</td>
<td>1974</td>
</tr>
<tr>
<td>Graduate</td>
<td>Mercer University, Macon GA</td>
<td>M.Ed.</td>
<td>1976</td>
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<tr>
<td></td>
<td>The University of Texas - Austin</td>
<td>Ph.D.</td>
<td>1995</td>
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**Current Position**  
Institution: The University of Texas at Austin  
Rank: Professor  
Department/unit: Dept of Kinesiology & Health Education  
City, State: Austin, Texas

**Type of Fellow Nomination (check or circle one):**  
_X___ Active _____ International

**Experience in Field for 10 Years (check or circle one):**  
_X___ Yes _____ No

**SPONSOR INFORMATION:**

1) Name: Waneen Spirduso  
Address: Dept of Kinesiology & Health Education, The U. of Texas-Austin, Austin, TX 78712  
Email: spirduso@mail.utexas.edu  
Phone: 512.345.5078  
Fax: 512.476.0946

2) Name: Patricia Vertinsky  
Address: War Memorial Gymnasium, University of British Columbia, Vancouver, B.C. V6T 1Z1, Canada  
Email: patricia.vertinsky@ubc.ca  
Phone: 604.822.6235  
Fax: 604.822.6842

3) Name: Tom Jable  
Address: 26 Sunset Road Pompton Plains, NJ 07444  
Email: jablet@wpunj.edu  
Phone: 973-835-3291  
Fax: 973-616-8531

3) Name: Dave Wiggins  
Email: dwiggins@gmu.ca  
Phone:  
Fax:
Dr. Jan Todd has not only contributed an extraordinary amount of scholarly work on the history of bodybuilding, strength development, and exercise, she has shaped, nurtured, and contributed substantially to the emerging historical field of physical culture, exercise, and strength development, particularly the role of women and exercise. These areas at present are under-represented in the Academy, but would be extremely valuable in the future given the explosion of societal interest in exercise and physical activity. She is recognized for raising the standard of scholarship and historical research in an area that heretofore had not been appreciated as a reflection of American history and culture. Letters of recommendation from professors in nationally and internationally esteemed programs of Sport History describe her as, “…a pioneer in a field of study that virtually didn’t exist thirty years ago,” “…a recognized leader in sport history at the international level,” and “an energetic and brilliant scholar” who is at the prime of her career.” She has accomplished this national acclaim through a steady flow and an amazing array of academic books, chapters, scholarly journal articles, reviews, editing, videos, national and international presentations, and the co-development of three websites focusing on historical research.

In addition to a large body of personal contributions to the scholarly literature, she is enhancing research resources for all scholars of history. She was the driving force in visualizing and creating the H. Lutcher Stark Center for Physical Culture and Sports in 2006, and in five years has acquired $7,018,622 through sixteen grants, foundations, and donations for staff and support. Her success in this is based on the high regard that history scholars and foundation directors have for her expertise and the vast collection of books, magazines, manuscript materials, photographs, and artifacts in the field of physical culture that she and her collaborator, T.Todd, have accumulated. This library/study-center/museum is used by undergraduate and graduate students, a variety of scholars around the world, documentary filmmakers, magazines, news reporters and hundreds of private individuals interested in the history of fitness and health. It is internationally famous as the largest and most significant archive in the world in the history field of physical fitness, health promotion, and alternative medicine. The Stark Center has been officially recognized by the IOC as an Olympic Studies Center, one of only two in the United States. It is a huge asset to our field.

She co-founded (with T. Todd) the research journal Iron Game History: The Journal of Physical Culture, now in its 20th year, which has the goal of preserving the history of physical culture and stimulating the growth of academic scholarship in this field. The Iron Game History is a peer-reviewed journal, indexed through EBSCO via Sport DISCUS, and operates with a Board of Reviewers. Her publishing experience with several prestigious book publishers can be useful to NAK. The Academy will also find Dr. Todd to be a fascinating and interesting national and international speaker, (list shown on page 6). In addition to the professional leadership she has shown in creating a library, museum, and an academic journal, Dr. Todd has been President of the National Association of Sport and Physical Education History Academy, Member at Large of the NASSH Executive Board, and Chair of the Publications Board of NASSH. This committee oversees both The Journal of Sport History and the NASSH Proceedings. The Academy would find Dr. Todd a valuable and willing contributor to official documents, proposals, or white papers” the Academy chooses to produce. She is a scholarly, skilled, and beautiful writer, as evidenced by the awards that she has received (p. 6). The nominators are certain that Dr. Todd will be extremely honored to contribute her considerable knowledge and talents to the Academy as an active participant. We feel confident that her participation will enhance the Academy.
Nominee’s Contributions to Scholarly Literature

Books and Book Chapters


Research Journal Articles. (Selected from a body of 51 publications):


Janice S. Todd  
Sponsors: Waneen Spirduso, Patricia Vertinsky  
Feb 1, 2011


Jan Todd, "'As Men Do Walk a Mile, Women Should Talk an Hour . . .Tis Their Exercise,' and Other Pre-Enlightenment Thought on Women and Purposive Exercise," *Iron Game History: The Journal of Physical Culture* 7[June/July 2002]: 54-72.


Jan Todd, "The Legacy of Pudgy Stockton," *Iron Game History: The Journal of Physical Culture* [January 1992]: 5-7. This article has had an enormous impact as it re-introduced Pudgy Stockton (of Muscle Beach) to the world and has been cited again and again as she has come to be regarded as such a role model for women and training. Following her death Dr. Todd was interviewed by the BBC, NYT, LA Times, and other media...as the “Stockton expert.”


**Scholarly Grants and External Funding**

$7,018,622 – From 16 competitive grants, foundations, city of Austin, and donors to support the Stark Center and related research. The largest are from the Lutcher Stark Foundation ($5,300,000 in 2 separate grants), Weider Foundation ($1,000,000), Teresa and Joe Long Foundation ($100,000) and others from NASSH, U.S.A. Hockey, NSCA, U. Texas, City of Austin.

**Research-Based Websites:**

*2011 - Scholarly Sport Sites: Web Directory for Academic Research* - a research portal for students in all branches of kinesiology and health education that takes them to both organizational websites, libraries and on-line materials.: [http://www.starkcenter.org/research/web/](http://www.starkcenter.org/research/web/)


**Nominees Contributions to Professional Literature**


Janice S. Todd  
Sponsors: Waneen Spirduso, Patricia Vertinsky  
Feb 1, 2011


Nominees Leadership Activities

Offices, Chair Positions, Editorial Boards

- President, NASPE History Academy, 2008
- Chair, NASPE Sport History, Philosophy, and Sociology Academy Committee (2007)
- Member at Large, NASSH Executive Board (1999-2001)
- Women’s Advisory Committee, National Strength and Conditioning Association (1987-1993)
- Editorial Board, International Journal for the History of Sport, 2010
- Chair, Publications Board, North American Society for Sport History [NASSH]. 2007 This committee oversees both The Journal of Sport History and the NASSH Proceedings.
- Editorial Board Member, ACSM Health and Fitness Journal, (2002-2005)
- Member, Graduate Essay Review Committee, NASSH (1998-2000)

Other Evidence of Leadership

- Host and organizer of 2011 North American Society for Sport History Annual Conference
- Dr. Todd’s expertise and leadership merited the Stark Center being officially recognized by the IOC as an Olympic Studies Center, one of only two in the United States.
- President’s Award, National Strength and Conditioning Association, for contribution to profession 1989

Distinguished Lectures – recognition of scholarship and leadership

- Keynote Address, International Conference on Body Enhancements and (Il)legal Drugs in Sport and Exercise – Human and Social Perspectives, Copenhagen, Denmark, 2010.
- Joan S. Hult Women’s History Distinguished Lecturer, University of Maryland, 2010
- Seward Staley Honor Address, North American Society for Sport History, Lake Placid, N.Y., 2008
- Inducted into National Fitness Hall of Fame, Chicago, Illinois, 2009