



Claire Boursier

## President's Message

Dear Colleagues,

I wish you an excellent new year with the accomplishment of your personal and professional projects! After a special 2011 year with many springs, 2012 will be another important one with elections or changes in many countries. Let us be aware and active for APA! Politicians need ideas and it's time to play an active political role. All recommendations, laws, and statements at an international and local level should include the right for persons with disabilities to play an active role in APA, as it is stated by the UN, which adopted the Standard Rules on the Equalization of Opportunities for Persons with Disabilities and provided a framework to further implement the goals of "equality" and "full participation" of persons with disabilities in social life and development. The program "Together for a better world for all, including persons with disabilities in development," gives us some goals to promote and achieve both on research and practice:

1. Mainstreaming disability: including a disability perspective in all development processes.
2. Gender: including women and girls with disabilities in development.
3. Including children and youth with disabilities in development, in PE within the school system "to the fullest extent possible" and enjoy equal access to "play, recreation and leisure and sporting activities."
4. Accessibility: removing barriers and promoting disability-inclusive development.
5. Promoting data collection and statistics on disability.
6. Sustaining momentum with regards to government awareness and take-up in sport and persons with disabilities policy and programs.



These objectives are closely linked to ours; just have a glance at a few symposia themes:

- ISAPA 2011: "Theory meets Practice in APA - Translating theory and evidence into practice"
- EUCAPA 2012 (Killarney, Ireland May 6-8): "Putting practice based research into action"
- NAFAPA 2012 (Birmingham, Alabama, USA, October 11-13): "Creating opportunities, changing expectations"



IFAPA board members have many projects, goals, and wishes. One of them is to reinforce the links at a regional level between practitioners and researchers. Many projects have been set up in many regions. We should communicate largely, which means that all members are requested to share via our website and our newsletter their projects linked to APA programs, research projects, etc. But it is also important to reinforce the links within all regions of the world. I ask all of you to contact your regional representative and share your ideas and plans for the upcoming year. Sending an e-mail or postcard with your season's greetings could be a glance of your regional relationships. The regional representatives are active members of IFAPA and they need the contribution of all local partners. I rely on them and they need you!

Another aim for 2012 is to improve the quality and ergonomics of our website and services. All IFAPA members and IFAPA website users will be asked to improve it.

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## **President's Message, continued**

Concerning the new outcomes for 2012, I encourage all IFAPA members to have a close look at the International Research Center of Adapted physical Activity (IRIAPA) coordinated by **Luyan** from the Beijing Sport University of China and **Jespersen** from the university of Southern Denmark with as adviser **Van Coppenolle**, which follows many successful years of the ERASMUS Mundus Master in APA. It will give real opportunities both for PhD students and researchers to work together at an international level.

I hope that 2012 will give you opportunities to share at an international level your wishes, projects and good moments!

*Claire Boursier*  
*IFAPA President*  
E-mail: [claire.boursier@inshea.fr](mailto:claire.boursier@inshea.fr)

# INTERNATIONAL NEWS

## ***Adapted Physical Activity Quarterly*** **Important Submission Information**

The *Adapted Physical Activity Quarterly (APAQ)* receives numerous manuscripts that are inadequately prepared for review. In these cases, the manuscripts are unsubmitted and returned to the principal investigator for corrections. At the present time, first time submissions are returned to the author more than 90% of the time. Submission errors retard the review process and unduly tax the limited resources of the Editorial Office. The main purpose of this brief note is to list some of the most frequent reasons for unsubmission. If you intend to submit a manuscript to *APAQ*, please carefully consider the below information.

**Language.** The official language of *APAQ* is English, and we frequently publish manuscripts submitted by authors whose English is a second language. We recognize the challenges associated with writing in a second language; however, *APAQ* does not have the resources to edit manuscripts on your behalf. Individuals who are not experienced writing in English “are urged to correct the problem by consulting with colleagues who are experienced writers in the English language” (*Publication Manual of the American Psychological Association [PMAPA]*, 2010, p. 228). Deficient writing is a reason for unsubmission.

**Checklist.** Although deficiency in English is a reason for unsubmission, most of the time manuscripts are unsubmitted because of formatting errors, the inclusion of inappropriate information, or the non-inclusion of essential information. The below checklist is based on our observation of submission errors frequently encountered. Please use it before submitting your manuscript. We do not claim that the list is exhaustive; however, it is likely to eliminate the majority of submission errors we have observed and, hence, accelerate the review process. In addition, we think that the two examples presented on pp. 41-59 of the *PMAPA* are very helpful. You are urged to review them.

<b>Reason for Unsubmission</b>	<b>Reference</b>	<b>Done</b>	<b>Not Done</b>
Line numbers 1-27 are not inserted in the left margin.	Instructions-to-contributors (IC)		
12 point font is not used. Lines are not double spaced.	IC		
A 100-150 word abstract is not included. The abstract is not a single paragraph.	IC and <i>PMAPA</i> (pp. 25-27 & 41).		
Keywords are not inserted below the abstract.	<i>PMAPA</i> , pp. 25-27 and p. 41.		
The manuscript is more than 30 pages.	IC.		
Appropriate headings are not used.	<i>PMAPA</i> , pp. 62-63.		
Information that may lead to your identification is included.	IC.		
Appropriate disability terminology is not used. The author uses language that objectifies a person by his or her condition (e.g., autistic, neurotic).	<i>PMAPA</i> , pp. 70-77.		
Citations within text are not formatted correctly.	<i>PMAPA</i> , pp. 169-192.		
Reference list is not formatted correctly.	<i>PMAPA</i> , pp. 193-224.		
When available, the digital object identifier (DOI) is not inserted.	<i>PMAPA</i> , pp. 198-200		
Tables are not formatted correctly.	IC and <i>PMAPA</i> , pp. 125-150.		
Figures are not formatted correctly.	IC and <i>PMAPA</i> , pp. 125-128 and 150-168.		
There is no evidence that the study was reviewed and approved by an Institutional Review Board/ Research Ethics Board.	IC.		
There is no evidence that informed consent/assent was obtained.	IC.		

Marcel Bouffard  
Editor, *APAQ*  
University of Alberta, Canada  
E-mail: marcel.bouffard@ualberta.ca

# Developmental Ball: An Innovative Approach to Teaching Kicking, Soccer Style Dribbling, Tossing, and Catching Skills

As an Adapted Physical Education Specialist for over 25 years, I have observed students with disabilities, sensory integration disorders, and developmental delays struggle with ball skills. A critical need to create a ball affording students opportunities to work independently (not relying on peers, teaching assistants, or teachers) was long overdue.

Soccer trainers, cloth balls, balloon balls, and peer mentors are some adaptations used for incorporating ball skills (perceptual and sensory motor stimulation) for students with disabilities. All of the aforementioned adaptations do not support independent skill acquisition as they involve support staff and or peers. Staff or peers are needed for support, as the balls speed of movement is too fast for tracking and focusing on task (Downs, 2007). Students with disabilities often feel restricted or isolated during gym activities. Lack of modified equipment and the inability to perform skills are two reasons students with disabilities feel isolated during gym activities (Spencer-Cavalier & Watkinson, 2010).

## Evolution of Developmental Ball

Reaching a dead end with options in catalogs for any ball that would meet the criteria of fostering independent ball skills, it was time to become creative. The idea of slowing an inflatable ball which would enable students with disabilities, coordination issues and those on the autism spectrum to easily track was the criteria. Inserting 3, 5, 6, 8, and 10 ounces of sand into inflatable 8 inch balls, then inflating the balls created a unique feature which allowed the balls to move slower and remain in play.

Experimenting with various weights over a two month time period, three weights proved to be successful. Repeated trials with the 6, 8, and 10 ounce balls demonstrated these were the correct weights.

- 6 ounces for pre-K through 2nd grades
- 8 ounces for 3rd through 6th grades
- 10 ounces for 7th through 12th grades including students on the autism spectrum
- Regular soccer balls with 10 ounces of sand for 7th through 12th grades give an appearance of the same ball in general physical education

Designing Developmental Ball began in rural Hope, Alaska in the fall of 2009. Over 100 Developmental Balls were created in my husband's workshop. Developmental Ball became a huge success in the K-12 physical education programs in the Anchorage School District in Anchorage, Alaska.

## Unique Features of Developmental Ball

- Unique strategy for teaching soccer style dribbling, kicking, tossing and catching
- Remains in play
- Proprioceptive feedback is positive as opportunities for repetitive trials are allowed
- Slower moving balls are easier to track
- No more chasing balls across the gym floor and soccer fields
- Fosters independent skill development on an individual level
- Excellent for students with sensory integration issues, students on the autism spectrum
- Balls are not flying across the gym floor creating an overstimulating environment
- Benefits students with coordination issues unable to keep up with their peers

It is wonderful to observe students with disabilities, coordination issues, developmental delays, and those with sensory impairment work alongside their peers, not having to chase balls across the gym floor.

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## Developmental Ball, *continued*



*Regular soccer ball.  
Student with mild CP trying to keep up with a regular soccer ball.*



*Developmental Ball  
Same student with mild CP working with a Developmental Ball, able to play with his peers*



*Elementary student working independently with Developmental Ball*

## Omiyakita Special Needs School, Saitama Japan

On September 10th, 2010, I demonstrated Developmental Ball to the Omiyakita Special Needs School in Saitama, Japan. A regular soccer ball with 10 ounces of sand was used by the middle school students at Omiyakita Special Needs School. Developmental Ball was a huge success, with staff and parents requesting more of the balls. **Mari Kido**, Curriculum Coordinator, Omiyakita Special Needs School, said, "Our teachers of junior high school tried to use the ball with students today; seven students who have serious mental disabilities could catch and throw the ball and two students with autism could play catch and enjoyed this so much. Their homeroom teachers were pleased. I saw the Developmental Ball used very successfully by students in physical education today; they played a soccer game. The ball clings to their feet, so good for them."



*Students from Omiyakita Special Needs School working with developmental ball during soccer unit*

## NASPE/APENS Standards

Developmental Ball addresses both NASPE and APENS standards. NASPE standards addressed are (a) demonstrates competency in motor skills and movement patterns needed to perform a variety of physical activities and (b) demonstrates understanding of movement concepts, principles, strategies, and tactics as they apply to learning and performance of physical activities ([www.naspe.org](http://www.naspe.org)). APENS standards addressed are (6) unique attributes of learners and (9) instructional design and planning. By using the ball and providing a developmentally appropriate instructional strategy, Adapted Physical Education teachers apply their knowledge of unique attributes of learners, thereby demonstrating competency of these standards ([www.apens.org](http://www.apens.org)).

*Pamela Skogstad*  
*Chair APAC Legislative Committee*  
*NWD AAHPERD International Relations Committee Representative*  
[akskogstad@aol.com](mailto:akskogstad@aol.com)

## References

Downs, C. (2007). The little league challenger division ensures children with disabilities have opportunities to play ball. *PALAESTR*A, 20-22.

Spencer-Cavaliere, N., & Watkinson, J.E. (2010). Inclusion understood from the perspectives of children with disability. *Adapted Physical Activity Quarterly*, 27, 275-291.

## Scholarship Opportunity - Erasmus Mundus Master in Adapted Physical Activity – Call for Applications

The Erasmus Mundus Master in Adapted Physical Activity is a 2-year Master program in partnership between the Catholic University of Leuven, Belgium; the University of Limerick, Ireland; the University of Olomouc, Czech Republic; the Norwegian school of Sport Sciences, Oslo, Norway; the University of Virginia (USA); Stellenbosch University (South Africa); and the University of Queensland (Brisbane, Australia).

The objective of the Erasmus Mundus Master in Adapted Physical Activity is to combine the competencies of universities worldwide in order to offer the students a comprehensive training and adequate knowledge in the many aspects of Adapted Physical Activity (APA). The Erasmus Mundus Master Program offers scholarships for European Students (students coming from the 27 current and new EU Member States and the countries of the European Economic Area /European Free Trade Association: Iceland, Liechtenstein, and Norway). The scholarship offered for European students is 17 000 Euro for two academic years. In addition, the program offers scholarships for students coming from countries outside Europe (that means outside the 27 current and new EU Member States and the countries of the European Economic Area/ European Free Trade Association: Iceland, Liechtenstein, and Norway). The scholarship offered for non-European students is 46 000 Euro for two academic years.

For more detailed information regarding the program and the course content, please follow these links:  
<http://www.erasmusmundus.be/>  
[http://onderwijsaanbod.kuleuven.be/opleidingen/e/CQ\\_50811449.htm](http://onderwijsaanbod.kuleuven.be/opleidingen/e/CQ_50811449.htm)

The application procedure is described on the Erasmus Mundus website. Access to the on line application procedure open; the application deadline for candidate students next academic year is 31 January 2012. If you have any further questions, please contact **Joeri Verellen** [Joeri.verellen@faber.kuleuven.be](mailto:Joeri.verellen@faber.kuleuven.be).

*Joeri Verellen*  
*EMMAPA Officer*  
*Erasmus Mundus Master in Adapted Physical Activity*  
*Faculty of Kinesiology and Rehabilitation Sciences*  
[joeri.verellen@faber.kuleuven.be](mailto:joeri.verellen@faber.kuleuven.be)

# REGIONAL NEWS

## AFRICA

It was an honor and privilege to be chosen as Africa representative for IFAPA; however, it is a huge responsibility to play that role for the difficult conditions that most of African countries face. I plan to contribute somehow to my continent during this turn of two years. I will concentrate in reachable goals that may contribute to our continent to move forward for the future. Consequently, with the collaboration of the past African Representative as well as other African APA leaders, I do plan to keep improving communication among Africans. Besides that, I plan to get information as soon as possible to post through IFAPA Newsletter about what the African countries have been developing and creating related to physical activities for people with disabilities as well as to learn more about this field with everyone.

Africa is very thankful what **Ignatius Onyewadume** has been contributing for our field. He is a pioneer in the publication of scientific articles related to adapted physical education. In addition, he has presented international issues related to APA in Africa, which is appreciated. He was honored with the Certificate of Appreciation for his contribution to the IFAPA in his 3 terms as Africa Representative.

Also, we would like to congratulate the young couple, **Pierre Bataile** and **Steffi de Jong**, who received the Young Professional Awards at the ISAPA 2011 Award Ceremony for their collaboration in developing sport and recreation programs for individuals with disabilities in some African countries such as in Mozambique, Uganda, and Kenya.

Recently, Mozambique held the 10<sup>th</sup> All African Games – Maputo 2011, where athletes with disabilities participated in track/field and swimming events from different African countries. According to the table below, 28 countries participated in track and field and 9 countries in swimming. The athletes that got ranking A and B were qualified for Paralympic Games – London 2012, but the athletes must be registered according to the management criteria of IPC. Historically, athletes with disabilities have been participating at African Games since 1999.

Adapted Sport Event	SCSA <sup>1</sup> ZONES	Countries that Participated
Track and Field	I	Algeria, Tunisia
	II	Senegal, Mali, Cape Verde
	III	Nigeria, Ghana, Côte d'Ivoire, Benin
	IV	Cameroon, D.R. of the Congo, São Tomé and Príncipe
	V	Egypt, Sudan, Ethiopia, Kenya, Tanzania, Uganda, Rwanda
	VI	South Africa, Angola, Botswana, Mozambique, Zambia, Namibia, Zimbabwe, Lesotho
	VII	Mauritius
Swimming	II	Senegal, Cape Verde
	III	Nigeria, Ghana
	V	Ethiopia, Kenya
	VI	Angola, South Africa, Mozambique

<sup>1</sup>Supreme Council for Sport in Africa

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## Africa, continued



*Angolan and Nigerian Visual Impairment Track Teams at All African Games – Maputo 2011*



*Kenyan Delegation to All African Games – Maputo 2011*

Agueda Gomes  
Africa Representative  
E-mail: [aguedalobito@yahoo.com](mailto:aguedalobito@yahoo.com)



## Hong Kong, China

### Call for Abstracts: 12<sup>th</sup> ASAPE, August 9-11, 2012, Hong Kong

The 12th Asia Society of Adapted Physical Education & Exercise Symposium (ASAPE 2012) will be organized by HKSAPPE at Hong Kong Institute of Education in Hong Kong, and scheduled on August 9-11, 2012. The theme of this symposium is “Contemporary Trends, Research, and Teaching/Coaching/Programming in Adapted Physical Activity.” The symposium will involve but not limited to the following special topic areas:

Adapted physical education	Assessment methodology
Applied biomechanics for Paralympic sports	Assistive technology and APE
Health and fitness, and health promotion	Philosophy & politics in APA
Sports pedagogy	Sports and exercise for elderly
Adapted dance and dance therapy	Sports and exercise for young children
Exercise physiology and sports nutrition	Sports coaching and training science for Paralympic sports
Sports psychology	Physical activity and children with disabilities
Epidemiology and public health	Physical activity and women with disabilities
Competition management for adapted sports	Sports training in young athletes with disabilities and others
Information and instructional technology in APE and sports	

On behalf of the Organizing Committee of the 12th Asia Society of Adapted Physical Education and Exercise Symposium (ASAPE 2012), I would like to invite you to participate in the ASAPE 2012 symposium and meet professionals and friends from other Asian countries in our beautiful HKIEd campus. The abstract submission is now open, and the deadline for submission is March 31, 2012.

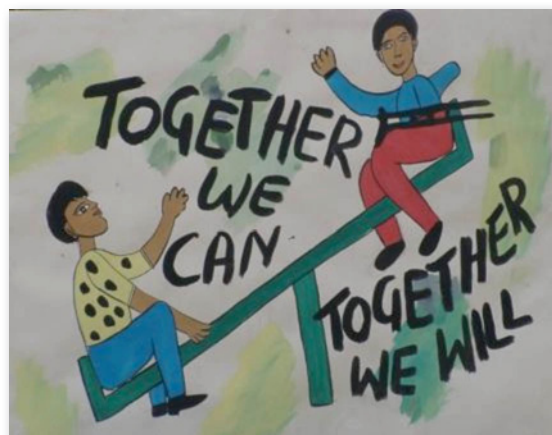
In case you need any assistance or enquiries about abstract submission, please contact: Shihui Chen. Tel(Fax): 852+2948-7865.

*Shihui Chen*  
*President of ASAPE*  
*E-mail: [shchen@ied.edu.hk](mailto:shchen@ied.edu.hk)*

## India

### International Symposium in Coimbatore, India 19-20 Sept, 2011

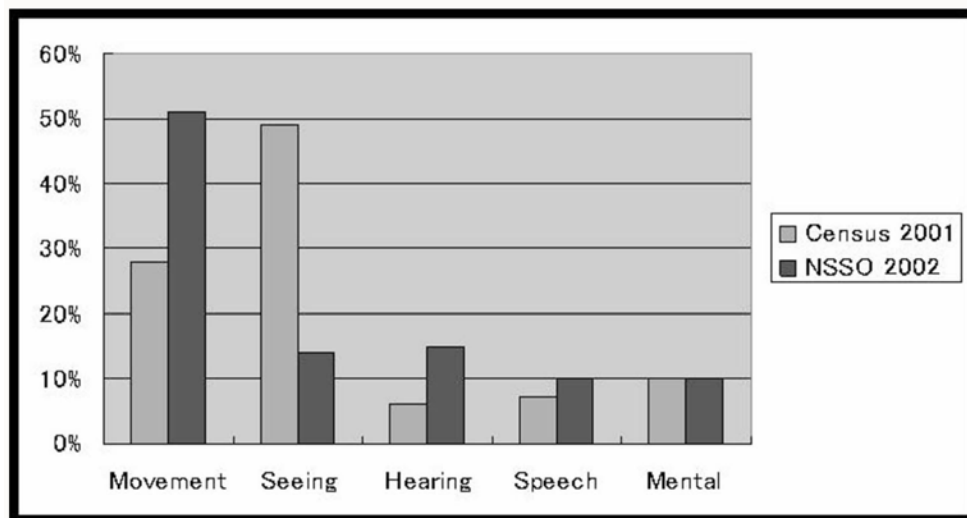
India is a developing country with a population of over 1.1 billion people, a health expenditure rate of 2.4% of GDP, placing India at the 185<sup>th</sup> rank in the world, and an education expenditures rate of 3.1 of the GDP, placing it at the 129<sup>th</sup> rank in the world. Thus, it becomes quite obvious that Adapted Physical Activity (APA)— comprising as a meeting point between education and medical consideration — is not considered high priority in Indian strategic planning. Nevertheless, a growing population of middle class citizens is requesting more and more this type of service. Therefore, efforts are being made, both by governmental, as well as by not for profit organizations (e.g., Special Olympics) to develop a body of knowledge and practice in APA. In some aspect of the social welfare and educational system such as disability empowerment and inclusion, India is making significant efforts o keep track with the world’s latest developments.



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## International Symposium in Coimbatore, *continued*

While many persons with disability still make their living mostly through begging in the streets, more and more projects are lunched to enhance quality of life and inclusion of persons with disability. The Disability India Information Resource (DIIR) is one such resource. According to the Census 2001, people with disabilities constitute 2.13 per cent of the total population in India. This includes persons with visual, hearing, speech, locomotor, and mental disabilities.



**Census 2001 v/s NSSO 2002**

Nevertheless, negative attitudes toward persons with disabilities are still widespread and the story told by psychiatrist **Fabian Almeida** on Sept 25th, 2011 to the press is one example. He was stunned when the cooperative society next to his clinic outside Mumbai wrote to him complaining about his patients with mental disabilities. He was told that those receiving treatment for conditions ranging from depression and obsessive compulsive disorder to hyperactivity and dyslexia were a nuisance to other residents and should be kept inside, because these persons were considered to be spreading germs <http://www.disabilityindia.com/html/news.html#mhds>.

Therefore it was very encouraging to hear about the intention to organize a seminar on APA at the campus of the Ramakrishna Mission Vidyalaya, Coimbatore; Tamil Nadu state is a major educational centre of the well-known Ramakrishna Mission. It is 19 km from Coimbatore City on the highway to Ootacamund and is situated in a serene environment spread over about 300 acres. The Institution was founded by Sri T.S. Avinashilingam in 1930.



The Ministry of Human Resource Development, Government of India accorded permission to the Ramakrishna Mission to be entitled a university status (under University Grants Commission Act) in January 2005. The campus started to operate in 2006 with a main focus on disability management and special education as well as APA and adapted yoga, comprising two independent faculties. In July, 2006, the Board of Management of the University adopted a resolution to start a new Faculty in Physical Education

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## International Symposium in Coimbatore, *continued*

with focus on adapted physical education for the disabled and Yoga. For this purpose, the Faculty Centre for Disability Management and Special Education (DMSE), already functioning at Coimbatore, was to collaborate with the new Faculty of General Adaptive Physical Education and Yoga (FGAPEdY). The Faculty is mainly a residential institute, adapted suitably to modern conditions. Apart from the faculty building, the sprawling campus consists of a spacious hostel with accessible facilities to accommodate around 300 students, a multi-purpose spacious auditorium, a fitness centre, spacious indoor and outdoor facilities, including a brand new arena for the traditional TAKARI martial art practiced in the state of Kerala.



The International Seminar organized in 19-20 September, 2011 was held at the major gymnasium of the FGAPEdY with an attendance of 250 participants, including students and university professors from Indian universities including Chennai, Calcuta, and Bangalor.



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## International Symposium in Coimbatore, *continued*

The event was entitled “Positive Perspectives of Adapted Physical Education.” It was opened with a spiritual speech and the Past President of the International Federation of Adapted Physical Activity (IFAPA), **Yeshayahu Hutzler**, gave the opening address on Positive Aspects of APA and Empowering Pedagogy, followed by speakers from the Special Olympics Asia Pacific Region; of the Monfort Community Development Society, India; and of the YMCA College of Physical Education in Chennai. At the closure of the first day, practical exhibitions presented adapted physical activities developed during the 1980s and 1990s in Chennai by **M.S. Nagarajan** mainly for facilitating the participation of students with visual impairments through the use of various bells and other adapted equipment.

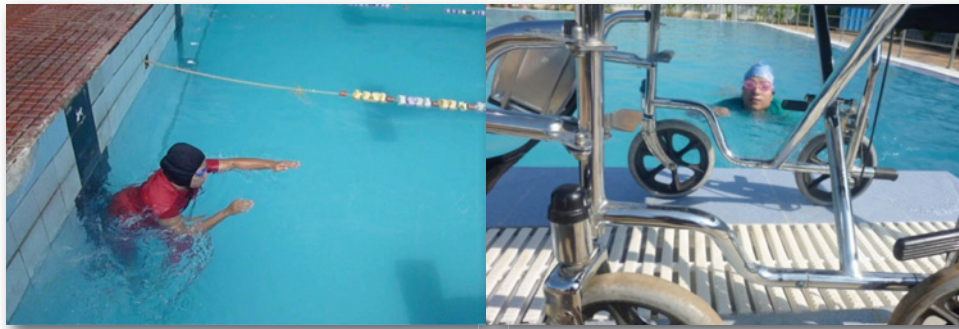


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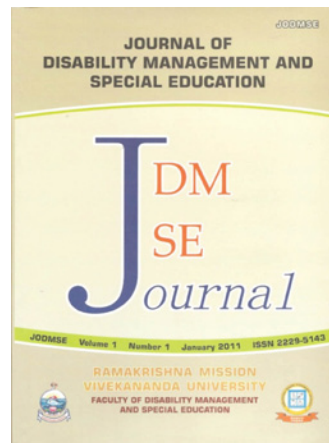
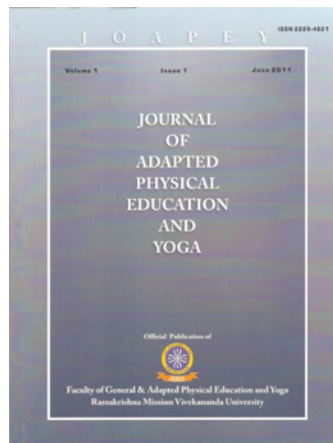
## International Symposium in Coimbatore, *continued*

On the next day **Victor R. Vaz**, National director of the Special Olympics India presented an excellent description of the vast development of this organization during the recent decade. **SO Bahrat** (India) has so far drawn over 37,000 coaches to work with over 75,0234 athletes across 31 states. With India being designated a Priority Nation by Special Olympics International, the national goal is to extend the Special Olympics program throughout the country and reach over 1,000,000 people with Intellectual Disability by end 2012. Additional speakers during the second symposium's day included **Anand Jothi**, a physiotherapist from Paraplympics and the PT department at the University of Chennai, who together with **Mhdavi Latha** presented a hydrotherapy and adapted swimming program performed at the adapted aquatics center in Chennai.

The aquatic program featured different techniques including Bad Ragaz method and the use of various flotation devices while engaging with the aquatic environment. Other speakers, **Nagarajam**, **Algesan**, and **Bandpadhyay** provided an insight into trends in the development of APA programs in India, and the need for professional training in this regard.



The symposium also included three parallel sessions and two poster sessions that presented mostly the outcomes of research performed by local staff and students of the FGAPeDY, some of which were also published in the first issue of the Journal of Adapted Physical Education and Yoga (JOAPEY) which was issued this year for the first time, together with the Journal of Disability Management and Special Education (JDMSE).



*Shayke Hutzler*  
*IFAPA Past President*  
E-mail: [shayke@wincol.ac.il](mailto:shayke@wincol.ac.il)

## Europe

### **The European Committee Volleyball for Disabled (ECVD) Men Sitting Volleyball Continental Cup in Kettering, England from July 9-17, 2011**

I was an appointed member of the ECVD delegation and I was there as a jury member. Some of my main responsibilities were to verify the availability of security services to ensure that the public does not enter the competition area and mixed zone before the end of the match, deciding to postpone the starting time of the match if necessary; control the position and the work of the personnel inside the playing area according to ECVD Regulations; order the teams to leave the competition area immediately; sign and deliver the Score sheet form and Table Jury report to the local organizer for immediate distribution. It was my first responsibility as a control committee member during ECVD tournaments and having an invitation for continental cup was an honor!



*Ferhat Esatbeyoglu*

It was the biggest competition Volleyball England has hosted in a long time. At some point it was their one of the biggest challenges for London2012 to see how they can make the most of for London2012 and how they can improve for future events. It was amazing to see how volunteers were keen to help and give assistance to participating countries; without them sport would struggle to provide people with the opportunities to play volleyball.

There were 11 men's teams from all over the world and the final ranking was: 1st Bosnia & Herzegovina, 2nd Egypt, 3rd Russia, 4th Brazil, 5th Ukraine, 6th China, 7th Great Britain, 8th USA, 9th Kazakhstan, 10th Canada, 11th Azerbaijan. I want to thank everybody giving me this opportunity and for the great experience I had.

*Ferhat Esatbeyoglu*  
IFAPA Student Representative  
ECVD Development Department & EMMAPA Master Student  
[ferhat@ecvd.eu](mailto:ferhat@ecvd.eu)  
[ferhatesatbeyoglu@hotmail.com](mailto:ferhatesatbeyoglu@hotmail.com)  
[11145471@studentmail.ul.ie](mailto:11145471@studentmail.ul.ie)

## II Inclusive Sport Week in Madrid

The II Inclusive Sport Week was from 17th to 20th October 2011 at the Faculty of Physical Activity and Sport Science (INEF) from Polytechnic University of Madrid. The meeting, sponsored by Sanitas Foundation and the Centre for Inclusive Sport Studies (CEDI) is part of the Alliance for Inclusive Sport 2010-2015, which promotes the sport practiced by people with and without disabilities. **Javier Uceda**, rector of the UPM, said that “inclusive sport is a revolutionary idea, which is essential for sport activity and an advanced step in human development of modern societies.”

At the opening of this week, **Javier Uceda**, the UPM rector; **Mercedes Coghen**, Sports General Director Council of Madrid; **Angel Luis Gomez**, Vice President of the Spanish Paralympic Committee; **Alberto Duran**, Executive Vice President of the ONCE Foundation; **Iñaki Ereño**, Managing Director SANITAS; and **Javier Sampedro**, Dean of the Faculty of Physical Activity and Sport Science (INEF) of the UPM all expressed their pride in the creation of the first Centre for Studies on Inclusive Sport (CEDI), dedicated to investigate and disseminate the benefits that sport for people with disabilities.

During the four sessions, conferences and round tables analyzed the latest trends in research and inclusive sports physical activities and the benefits of the application in the inclusive physical activity in school setting and promotion and dissemination of inclusive sport. The presence of speakers such as **Yeshayahu Hutzler**, teacher of adapted physical activity of the Wingate Institute for Physical Education and Sport in Netanya (Israel) and Past President of IFAPA or **Aija Klavina**, Secretary of the European Federation Adapted Physical activity (EUFAPA) and International Fellow of the American Association of University Women 2011-2012, presented the trends of inclusive sport internationally.



*Luis de Carlos Forum, from left to right: Aija Klavina, Yeshayahu Hutzler, Javier Pérez, D. Emilio Butragueño, Yolanda Erburu, and D. Miguel Sagarra*

In addition, the technical sessions there were different exhibitions of inclusive practices in sports like rugby, football, hockey, cycling, triathlon and basketball. Real Madrid Veterans and the first team national league played with athletes with different disabilities, both professionals and children's level.

Practical sessions were held about inclusive basketball (wheelchair and conventional basketball). The closing of the conference featured the testimony of elite athletes to Paralympic swimmer, **Natalie du Toit**, and **Sarai Gascón**. **Du Toit**, who has become the first disabled athlete to compete in the Olympic Games, and Gascón told how their careers have been up to the top of the sports competition.

*Aija Klavina*

*Secretary EUFAPA*

*E-mail: [aija.klavina@gmail.com](mailto:aija.klavina@gmail.com)*

## 2nd International Conference in AWF Warsaw

On October 26, 2011 at the Józef Piłsudski University of Physical Education in Warsaw, the second time, took place the conference on Adapted Physical Activity (APA). It was accompanied by the Seminar on "Volunteering in APA" and exhibition of photographs of Warsaw Wheelchair Rugby Team – "Four Kings." The event was organized by the Polish Scientific Society of Adapted Physical Activity (PTN-AAF) and the Józef Piłsudski University of Physical Education in Warsaw, including the Chair of Theory and Methodology of Movement Teaching, with financial support from the Capital City of Warsaw.

During the Plenary Session, the invited speakers addressed important topics within particular areas of the APA. In the area of adapted physical education, **Barbara Woynarowska**, from the University of Warsaw, discussed issues related to eligibility of children and youth with special needs for physical education at school. In the area of disability sport, **Jose Pedro Ferreira**, president elect of the European Federation of APA (EUFAPA) from the University of Coimbra in Portugal, demonstrated the results of research on anxiety and motivation among basketball players with and without disabilities. **Daniel Daly**, from the Catholic University of Leuven in Belgium, presented the biomechanical aspects of the paralympic swimmer from the perspective of the athletes' classification. **Mariusz Damentko**, from Special Olympics Europe/Eurasia, introduced a new global initiative in the Special Olympics movement. **Tomasz Tasiemski**, from the University of Physical Education in Poznan, presented a Polish-British comparative study on sporting activity and quality of life in people with spinal cord injury. In the area of rehabilitation, **Vojko Strojnik**, from the University of Ljubljana in Slovenia, drew the importance of strength training (resistance) in the elderly. Within the area of therapeutic recreation, **Rafał Rowiński**, from the Józef Piłsudski University of Physical Education in Warsaw, showed the findings on the role of health-related physical activity in maintaining physical fitness of Poles aged 65 years or more. **Hana Valkova**, from the University of Olomouc in the Czech Republic, demonstrated education standards for adapted physical activity in higher education.

During the conference, in addition to the Plenary Session, a Seminar on "Volunteering in APA" and a demonstration session, two Scientific Sessions with oral presentations, and one Poster Session – gave chance to 48 speakers to show results of their scientific work. The conference was attended by about 80 people from across Poland and abroad. Conference was also accompanied by the General Assembly of members of PTN-AAF. For details please visit <http://ptnaaf.pl/?lang=en>.

*Natalia Morgulec-Adamowicz  
Secretary*

*Polish Scientific Society Adapted Physical Activity*

## European Congress of Adapted Physical Activity, 2014, Madrid, Spain

The Centre for Inclusive Sport Studies (CEDI) at the Faculty of Physical Activity and Sport Sciences (INEF) of the Technical University of Madrid and Sanitas Foundation are honored and proud to host the European Conference of Adapted Physical Activity (EUCAPA) in Madrid, Spain from October 13-17, 2014.

EUCAPA 2014 theme: "Inclusion Into Action: Applications From Research." The proposed theme is linked with the organizer orientation regarding APA and adapted sports, and the most actual and important processes regarding APA and sport service for persons with disabilities, in Spain and at international level. This theme will be present in all EUCAPA formats as keynote lectures, invited presentations, oral presentations, poster presentations, workshops/demonstrations. and exhibitions.

Proposed subthemes are the following:

- Adapted Physical Activity as a tool for inclusion
- Participation in Physical Education
- Sport for persons with disabilities: from organizational inclusion to elite performance
- Health and rehabilitation to promote personal autonomy and social participation

*Martin Kudláček  
European Regional Rep of IFAPA  
Palacky University, Czech Republic  
E-mail: [martin.kudlacek@upol.cz](mailto:martin.kudlacek@upol.cz)*



# North America

## 40<sup>th</sup> National Adapted Physical Education Conference, Long Beach, California

*Accolades, Accolades, Accolades* to Program Co-Directors **Barry Lavay**, California State University, Long Beach, and **Margaret Weimer**, California State University, Long Beach, for an outstanding conference program held in November 2011. The theme “Navigating the Ever-Changing Waters” was timely and well received by the over 300 attendees. The venue for the conference was the southern coastline of California at the Long Beach Westin Hotel. The conference was sponsored by the California Association for Health, Physical Education, Recreation and Dance, State Council on Adapted Physical Education, Los Angeles County Office of Education, and California State University, Long Beach.

The conference was attended by international participants from countries such as Bermuda and Canada, along with many others from across the United States, as well as International Federation of Adapted Physical Activity members. The conference was a collaboration of over 40 preconference sessions, oral presentations, building sessions, and keynote sessions. The opening keynote session speakers were **Peter Aufessessor, Robert Roice, and Jan Seaman**, whose presentation title was “NAPEC Reflections: 40 years of Conference Highlights and Memories.” This session was held in the Honda Theater of the Long Beach Aquarium of the Pacific. After the opening session, the attendees were sailed away for a two-hour Harbor Cruise Celebration titled “A 40 Year Voyage.” The breakfast and general session speaker was **Lisa Silliman-French**, Texas Woman’s University, whose presentation title was “Teaching Strategies for Individuals with Severe Disabilities: Past, Present and Future.” The closing keynote session and luncheon speaker was **Angela Madsen**, of RowofLife Adapted Ocean Rowing Transatlantic Row, whose presentation was titled “Rowing to a Fitness Destination.” Kudos are given to the recipients of the following awards presented during the luncheon: **Mary Norman** of Capistrano Unified School District was presented the Adapted Physical Education Teacher of the Year, **Janice Hoffman** of Saturday Opportunity for Adaptive Recreation (SOAR) was given the Exemplary Program Award, and **Barbara Ann Buckalew** of the California Association for Health, Physical Education Recreation and Dance was presented the Professional Recognition Award. Academic highlights of the conference were sessions that pertained to disabling conditions, pedagogical strategies, technology, inclusion, research, assessment, physical activity across the lifespan, and the California State Guidelines. The conference syllabus can be downloaded free of charge at [www.napeconference.org/NAPEC40.htm](http://www.napeconference.org/NAPEC40.htm). Special thanks to Kathy Russell and Joanie Verderber the Conference Co-Directors and the entire conference planning committee and crew for all of their hard work to plan a great conference.

*Dwan Bridges*  
*North America Representative*  
E-mail: [dbridge@exchange.calstatela.edu](mailto:dbridge@exchange.calstatela.edu)



## NAFAPA 2012

*Creating Opportunities · Changing Expectations*

October 11-13, 2012

*What:* North American Federation of Adapted Physical Activity (NAFAPA) 2012 Conference

*When:* October 11-13, 2012

*Where:* Birmingham, Alabama

The 2012 NAFAPA Conference will be held near historic Birmingham, Alabama in the beautiful over-the-mountain suburb of Homewood, Alabama at Rosewood Hall ([www.rosewoodhall.com](http://www.rosewoodhall.com)). Homewood, Alabama is home to the world renowned Lakeshore Foundation ([www.lakeshore.org](http://www.lakeshore.org)) — a 3,000 member Olympic and Paralympic Training facility dedicated to enabling people with physical disabilities and chronic health conditions to lead healthy, active, and independent lifestyles through physical activity, sport, recreation, and research.

**For more information, please inquire at** Website: [www.nafapa.org](http://www.nafapa.org). E-mail: [nafapa2012@lakeshore.org](mailto:nafapa2012@lakeshore.org).  
Phone: [\(205\) 313-7479](tel:2053137479).

### **NAFAPA 2012 Important Dates**

Abstract submission opens: Jan 2, 2012

Abstract submission deadline: Apr 2, 2012

Abstract submission opens: Jan 2, 2012

Abstract submission deadline: Apr 2, 2012

Registration opens: May 1, 2012

Early bird registration ends: Aug 15, 2012

Registration closes: Sept. 28, 2012

**Joel Brasher**  
*Lakeshore Foundation*  
[joelb@lakeshore.org](mailto:joelb@lakeshore.org)

# Bryan Kirkl: First Paralympian Inducted Into the Alabama Sports Hall of Fame



The Alabama Sports Hall of Fame Class of 2012, announced Wednesday, includes, front left to right, Charley Pell (represented by son Charles Pell), Steve Wallace, Bryan Kirkl, Dan Washburn and Mal Moore. Artis Gilmore, Andre Tippett and E.J. Junior were not present for the announcement.

## CLASS OF 2012

Gilmore, Junior, Kirkl, Moore, Pell, Tippett, Wallace and Washburn to enter Hall

By Doug Segrest  
dsegrest@timeslive.com

Mal Moore was a part of seven national championship teams as a University of Alabama player and football coach. As an administrator, he worked at least one more...

That's why he made it here following the 2009 season, follow by the name of Nick Saban. The firm, who Alabama is inducted into recognition for the fourth consecutive year and the 2009 national title in the memory books, "not better than seven Moore expected."

"I didn't realize the level he would reach here," Moore said Wednesday. "I thought I would be here because he had won a national championship for LSU and could win again."

With his 2 Alabama seasonally selected for a berth in the New Orleans Championship Game against top-ranked LSU, it's like the 1970s all over again — especially for Moore, who was quarterback coach and offensive coordinator during Don Bryant's most successful decade.

Saban's team "is prepared, maybe in different ways, but in a very similar way to the way it was done in the '70s," Moore said. "The winning, the consistency, is hard. It doesn't come easy."

For his success on the field as a Crimson Tide assistant and on the school's athletic director, Moore is one of eight new inductees into the Alabama Sports Hall of Fame. The Class of 2012 was unveiled at a Wednesday news conference at the hall of

some banking in downtown Birmingham.

Joining Moore at the May 12 induction ceremony are two Alabama natives already enshrined in their sport's halls of fame: Dallas native and ABA/CBA legend Artis Gilmore and Birmingham native and longtime New England Patriots linebacker Andre Tippett.

Other class members include former Alabama linebacker E.J. Junior, wheelchair rugby gold medalist Bryan Kirkl, former Jackson State, Clemson and Florida football coach Charles Pell, Alabama off-road triathlete Steve Wallace and longtime high school coach and AHSAA executive director Dan Washburn.

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Congratulations to **Bryan Kirkl** on this incredible and well deserved achievement. Bryan was born August 18, 1971 in Leeds, AL. He was a member of the USA Paralympic Gold medal teams in wheelchair rugby in both 2000 and 2008. In 2004, he was a member of the USA Team that won the Bronze Medal. He was also a member of two World Championship Wheelchair Rugby teams. He played wheelchair rugby for 16 years, and as a member of the Lakeshore Demolition Team, they won five National Championships. In 2003 he was named the USQRA Athlete of the Year. In 1998, he competed at the World Wheelchair Games where he medaled in three different track and field events (Gold Medal in the 200 m and set a world record, Silver Medal in 100 m, and a Bronze in 400m). In 2009, he was selected as a Hartford Athlete, one of a select group of elite athletes nationwide who travel the country to tell the story of their athletic career and illuminate the power of sport.

Laurie Malone  
IFAPA Treasurer  
Director, Research and Education Department  
Lakeshore Foundation, Alabama, USA  
E-mail: [lauriem@lakeshore.org](mailto:lauriem@lakeshore.org)

## Change of Address

IFAPA members should send a notification of any addresses changes (italicized) to either Cindy Sit <[sithp@cuhk.edu.hk](mailto:sithp@cuhk.edu.hk)> or Claudine Sherrill <[csherrill1@earthlink.net](mailto:csherrill1@earthlink.net)>.

**Cindy H.P. SIT (IFAPA Newsletter Editor)**  
Department of Sports Science and Physical Education  
The Chinese University of Hong Kong  
Shatin, New Territories, Hong Kong  
Tel: (852) 2609-6094  
Fax: (852) 2603-5781  
E-mail: [sithp@cuhk.edu.hk](mailto:sithp@cuhk.edu.hk)

# Calendar of Events for 2012 and Beyond

Please submit calendar information to Editor at least 3 months before the date of the event.

## 2012

### **Adapted Physical Activity Council (APAC)-USA, 127<sup>th</sup> American Alliance for Health, Physical, Education, Recreation, and Dance (AAHPERD) National Conference**

**March 13-17, 2012, Boston Convention Center, Boston, Massachusetts**

APAC business meetings & awards on Thursday, 3/15; APAC theory & practice sessions every day (<http://www.aahperd.org>) ext. 431, Mariah Burton Nelson (800-213-7193)

### **European Congress of Adapted Physical Activity (EUCAPA) 2012**

**May 6-8, 2012, Killarney, Co. Kerry, Ireland**

“Putting Practice Based Research into Action” <http://www.eucapa2012.eu>

### **17th Annual Congress of the European College of Sport Science Congress (ECSS)**

**July 4-7, 2012, Bruges, Belgium**

<http://www.ecss-congress.eu/2012/>

### **International Convention on Science, Education and Medicine in Sport (ICSEMIS)**

**July 19-24, 2012, Glasgow, Scotland**

“Sport— Inspiring a Learning Legacy” <http://www.icsemis2012.com>. Contact [info@icsemis2012.com](mailto:info@icsemis2012.com)

### **The 12th Symposium for the Asia Society of Adapted Physical Education and Exercise (ASAPE)**

**August 9-11, 2012, Hong Kong, China**

“Contemporary Trends, Research, and Teaching/Coaching/Programming in Adapted Physical Activity”

<http://www.ASAPE2012.org>. Contact Shihui Chen [shchen@ied.edu.hk](mailto:shchen@ied.edu.hk), Yan Bin [s1051875@s.ied.edu.hk](mailto:s1051875@s.ied.edu.hk)

### **XXXII International Federation of Sports Medicine (FIMS) World Congress of Sports Medicine**

**September 27-30, 2012, Rome, Italy**

<http://www.fimsroma2012.org/>

### **National Association for Sport and Physical Education (NASPE) Conference on Physical Education Teacher Education**

**October 3–6, 2012, Las Vegas, Nevada**

<http://www.aahperd.org/naspe/>. Contact Cheryl Richardson [crichardson@aaahperd.org](mailto:crichardson@aaahperd.org)

### **North American Federation of Adapted Physical Activity (NAFAPA) 2012 Conference & IFAPA Board Meeting**

**October 11-13, 2012, Birmingham, Alabama**

“Creating Opportunities – Changing Expectations” <http://www.nafapa.org>. Contact [nafapa2012@lakeshore.org](mailto:nafapa2012@lakeshore.org)

### **21st Congress of the International Association for Disability and Oral Health (IADH)**

**October 17-20, 2012, Sydney, NSW, Australia**

<http://www.iadh2012.com/>. Contact [info@iadh2012.com](mailto:info@iadh2012.com)

### **Be Active 2012**

**October 31-November 3, 2012, Sydney, Australia**

<http://sma.org.au/conference/future-conferences/be-active-2012/>. Contact [acsms@sma.org.au](mailto:acsms@sma.org.au)

### **Southern District, USA, AAHPERD and APA Regional Conference**

**November 13-18, 2012, North Carolina, USA**

<http://www.ncaahperd.org>. Contact Ron Morrow [ncaahperd@ncaahperd.org](mailto:ncaahperd@ncaahperd.org)

(continued)

## **Calendar, continued**

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**2013**

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**National Association of Physical Education and Sports: The Global Conference on Traditional Physical Culture**

January 15-17, 2013, Amravati, India

Contact Suresh Harihar Deshpande [hvpm\\_shdeshpande@yahoo.com](mailto:hvpm_shdeshpande@yahoo.com)

**17th World Congress of the International Association of Physical Education and Sport for Girls and Women (IAPESGW)**

April 10-13, 2013, Havana, Cuba

“Physical Education and Sport: Promoting Gender Equality”

<http://www.iapesgw.org>

**19th International Symposium of Adapted Physical Activity (ISAPA)**

July 19-23, 2013, Istanbul, Turkey

“Bridging the Gaps.”

<http://www.isapa2013.com>

Contact [dilaraozer2010@hotmail.com](mailto:dilaraozer2010@hotmail.com)

## IFAPA Newsletter

Please send submissions for the next issue of IFAPA  
by April 2, 2012, to Editor **Cindy Sit**, [sithp@cuhk.edu.hk](mailto:sithp@cuhk.edu.hk)  
or Associate Editor **Claudine Sherrill**, [csherrill1@earthlink.net](mailto:csherrill1@earthlink.net).  
See Guidelines for Newsletter submissions on  
IFAPA website, [www.ifapa.biz](http://www.ifapa.biz)

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*Editor:* Cindy Sit  
*Associate Editor:* Claudine Sherrill  
*Webmaster:* Shayke Hutzler  
*Website Administrator:* Jaime Kirstein, [jkkirstein@gmail.com](mailto:jkkirstein@gmail.com)  
*Managing Editor:* Margery Kane



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INS HEA, Paris, France  
[claire.boursier@inshea.fr](mailto:claire.boursier@inshea.fr)

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Wingate Institute, Israel  
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[maria.dinold@univie.ac.at](mailto:maria.dinold@univie.ac.at)  
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[jenny.gosney@xtra.co.nz](mailto:jenny.gosney@xtra.co.nz)

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Loughborough University, UK  
[p.d.howe@lboro.ac.uk](mailto:p.d.howe@lboro.ac.uk)

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[jane.taylor@lakeheadu.ca](mailto:jane.taylor@lakeheadu.ca)

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Dr. Laurie Malone  
Lakeshore Foundation, Alabama, USA  
[lauriem@lakeshore.org](mailto:lauriem@lakeshore.org)

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Ms. Agueda Gomes  
Republic of Angola  
[aguedalobito@yahoo.com](mailto:aguedalobito@yahoo.com)

### Asia Representatives

Dr. Hea-ja Chun  
Soonchunhyang University, Korea  
[heaja@sch.ac.kr](mailto:heaja@sch.ac.kr)

Dr. Shihui Chen  
Hong Kong Institute of Education, Hong Kong  
[shchen@ied.edu.hk](mailto:shchen@ied.edu.hk)

### European Representatives

Dr. Aija Klavina  
Academy of Sport Education, Latvia  
[aija.klavina@gmail.com](mailto:aija.klavina@gmail.com)

Dr. Martin Kudláček  
Palacky University, Olomouc, Czech Republic  
[martin.kudlacek@upol.cz](mailto:martin.kudlacek@upol.cz)

### Middle East Representative

Dr. Mehmet Ata Öztürk  
Marmara University Faculty, Turkey  
[mehmet.ozturk@marmara.edu.tr](mailto:mehmet.ozturk@marmara.edu.tr)

### North American Representatives

Dr. Simon Driver  
Oregon State University, Corvallis, USA  
Dr. Dwan Bridges  
California State University, USA  
[dbridges@calstatela.edu](mailto:dbridges@calstatela.edu)

### Oceanic Region Representative

Ms. Jenny Gosney  
Halberg Trust, Christchurch, NZ  
[jenny.gosney@xtra.co.nz](mailto:jenny.gosney@xtra.co.nz)

## South & Central America Representative

Dr. Marli Nabeiro  
State University São Paulo, Brazil  
[mnabeiro@fc.unesp.br](mailto:mnabeiro@fc.unesp.br)

## Resource Specialists

### Student Membership Chair

Mr. Ferhat Esatbeyoglu  
Catholic University, Leuven, Belgium  
[ferhatesatbeyoglu@hotmail.com](mailto:ferhatesatbeyoglu@hotmail.com)

### APAQ Editor

Dr. Marcel Bouffard  
University of Alberta, Canada  
[apaq@ualberta.ca](mailto:apaq@ualberta.ca)

### IFAPA/HK Newsletter Editor

Dr. Cindy Sit  
The Chinese University of Hong Kong  
[sithp@cuhk.edu.hk](mailto:sithp@cuhk.edu.hk)

### Disability Community Liaison

Ms. Anne-Mette Bredahl  
Norwegian University of Sport, Norway  
[anne-mette.bredahl.nih.no](mailto:anne-mette.bredahl.nih.no)

## Symposium Directors

**2013** - Dr. Dilara Özer  
Canakkale University, Turkey  
[dilaraozer2010@hotmail.com](mailto:dilaraozer2010@hotmail.com)

**2011** - Dr. Claire Boursier  
INS HEA, Paris, France  
[claire.boursier@inshea.fr](mailto:claire.boursier@inshea.fr)

**2009** - Mr. Kennet Frojd  
Swedish Development Center for Disability Sport, Sweden  
[kennet.frojd@suh.se](mailto:kennet.frojd@suh.se)

## International Federation of Adapted Physical Activity

Founded 1973

### Membership Application (1-Year Membership With APAQ Subscription)

Last name \_\_\_\_\_ First name \_\_\_\_\_

Position (occupation) \_\_\_\_\_ Title  Dr.  Prof.  Ms.  Mr.

Institution \_\_\_\_\_

Mailing address \_\_\_\_\_

Country \_\_\_\_\_ Postal code \_\_\_\_\_ This is my  work address  home address

Phone \_\_\_\_\_ Fax \_\_\_\_\_ E-mail \_\_\_\_\_

**Specialized area(s):** Please check those that are appropriate.

- Physical Education/Adapted  Therapy (OT, PT, etc.)  Sport and Disability  Aging  Dance/Arts  
 Therapeutic Recreation/Recreation  Sport Science/Research  Medicine/Rehabilitation  Coaching/Training

**Membership type**  New  Renewal

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\*A list of developing countries can be found at [www.ifapa.biz](http://www.ifapa.biz).